

QRC Covid Risk

| RISK RATING GUIDE | | | |
|-------------------|--|---------------|---|
| LOW | Risk levels are acceptable and unlikely to cause harm or damage. Review periodically to ensure risk remains low. | MEDIUM | Further measures may be necessary to control risk which may include continued monitoring. Current risk levels may require further measures to be introduced to reduce risk to an acceptable level. |
| HIGH | | | Risk levels are not acceptable and are likely to cause harm. Immediate action is necessary to control risk to an acceptable level and tasks should not be commenced until risk is reduced. This may also include the introduction of high levels of supervision, management and monitoring. |

| REF | SIGNIFICANT HAZARDS | PERSONS AT RISK | CONTROL MEASURES | RISK | FURTHER ACTIONS/RECOMMENDATIONS | | | | | | |
|------------------------|--|--------------------|---|---------------|--|-------------------|-------------|-------------------|----------------------------|------------------------|-----------------|
| 1 | <p>Members returning to club with the virus and spreading to another member or public</p> <p>If guidelines are not followed any member may develop this serious condition, which may lead to the following Self-isolation, Hospitalisation, Even Death or multiple deaths.</p> | Members and public | <p>Each member must consider if they have had symptoms or showing signs of Corona virus, prior to returning (DO NOT COME, IF YOU OR ANYONE YOU HAVE BEEN IN CONTACT HAS SYMPTOMS, FOLLOW GUIDELINES) Any individual member showing symptoms must isolate and follow UK Government Guidelines. members must be honest with the club,</p> | MEDIUM | <p>Anyone unaware they have the virus, an asymptomatic carrier, or not telling the truth, could result with the virus spreading in the club.</p> <p>The hazard is thought to be medium risk; therefore, the club will have to monitor each member closely and advise accordingly. Consider a means of tracking who has been in contact with who for future information should someone develop symptoms.</p> <p>Consider members in most “at risk” groups by gov. – through RP and members’ survey.</p> <p>Track and trace in place through membership update and registration in black book.</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="background-color: #d3d3d3;">Action By:</td> <td>All members</td> </tr> <tr> <td style="background-color: #d3d3d3;">Timescale:</td> <td>Ongoing Monitoring process</td> </tr> <tr> <td style="background-color: #d3d3d3;">Date Completed:</td> <td>Ongoing Process</td> </tr> </table> | Action By: | All members | Timescale: | Ongoing Monitoring process | Date Completed: | Ongoing Process |
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| 2. | <p>Club shed Risk of Corona Virus Infection.</p> <p>If guidelines are not followed any member may develop this serious condition, which may lead to the following Self-isolation due to illness Hospitalisation,</p> | Members and public | <p>The club house facilities should not be used except to access boats and equipment while within the field of play bubble.</p> <p>Members are advised to change footwear and waterproof gear in cars/home, to reduce time in the Shed.</p> <p>Access to the Shed is only for equipment and to deposit small personal items – do not bring</p> | MEDIUM | <p>If everyone sticks to the personnel hygiene guidelines, the risk can be reduced.</p> <p>Problems may occur if the rules are not observed.</p> <p>Problems if people congregate in or around the Shed, change at the Shed – make clear this is unacceptable.</p> | | | | | | |

| | Even Death or multiple deaths. | | large bags and do not change at the Shed. All surfaces should be cleaned down on a regular basis. Do not share any food or drinks bottles Wash hands regularly with soap before each task, use wipes and sanitizers where required. | | <table border="1"> <tr> <td>Action By:</td> <td>Committee/members</td> </tr> <tr> <td>Timescale:</td> <td>Ongoing Monitoring process</td> </tr> <tr> <td>Date Completed:</td> <td>Ongoing Process</td> </tr> </table> | Action By: | Committee/members | Timescale: | Ongoing Monitoring process | Date Completed: | Ongoing Process |
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| 3. | Launch/recovery Risk of Covid-19 Infection If guidelines are not followed any member may develop this serious condition, which may lead to the following Self-isolation due to illness Hospitalisation, Even Death or multiple deaths. | Members and public | This is only done within rowing field of play bubbles. Various hand sanitisers and wipes are available to clean boat after lifting, special care around the gunwales, marina touchpoints, and trailer handles. Use of Alcohol based sanitisers can also introduce hidden risk of using a highly flammable product. | MEDIUM | <p>All members should stick to the Scottish Government /SCRA/QRC guidelines.</p> <p>A dedicated person should be nominated for topping up contents of cleaning equipment</p> <table border="1"> <tr> <td>Action By:</td> <td>Committee/members</td> </tr> <tr> <td>Timescale:</td> <td>Ongoing Monitoring process</td> </tr> <tr> <td>Date Completed:</td> <td>Ongoing Process</td> </tr> </table> | Action By: | Committee/members | Timescale: | Ongoing Monitoring process | Date Completed: | Ongoing Process |
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| 4. | Moving about the marina Members of the public and marina users may come too close when we are preparing boats at Shed. | Members, other boat users and public | Remind members of the public and marina users to keep 2 metres away from crew politely. | | All members should maintain 2 metres distance from the public and other marina users, particularly on the slip. | | | | | | |
| 5. | Shed/boat kit If guidelines are not followed any member may develop this serious condition, which may lead to the following Self-isolation due to illness | Members | Only members taking part in a row in a field of play bubble, or members authorised to carry out a specific task should be in the Shed, for a short time only and not any further than the taped area. All boat kit requires cleaning/disinfected after use before next crew arrives. Sufficient gap between sessions of 60 mins to allow crew to come back to shore, clean all kit and then leave before next crew arrives. | MEDIUM | <p>All touched objects (including door handles, padlocks, light switches etc) should be wiped clean after – Designate role to cox.</p> <p>Lifejacket information supplied to members on how to use, clean, store and segregate.</p> | | | | | | |

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| | Hospitalisation, Even Death or multiple deaths. | | Club owned Lifejackets are used by multiple people. Clean lifejacket thoroughly after use following manufacturer's guidelines. Member should be encouraged to buy their own life jacket. | | | | | | | | | |
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| 6. | Reducing risk of needing assistance and the Risk of Covid-19 infection from others. If guidelines are not followed any member may develop this serious condition, which may lead to the following Self-isolation due to illness Hospitalisation, Even Death or multiple deaths. | Members, other water users and emergency services | Boats should be used in a restrained way, consider lack of fitness over break and peoples physical and mental health. FULL crews only. No rowing with reduced numbers. Consider the following: keep craft closer to "home" than normal, go afloat in less challenging weather conditions, reduce intensity of exercises, reduce the time on the water, go out with other craft for additional safety cover (NB not both our boats out at the same time). | MEDIUM | Advise RPs to reduce risk of requiring assistance on the water by being conservative about the length and difficulty of rows. No training rows. Consider if it's appropriate to self rescue. If in doubt still call emergency services. New guidelines for RPs. | <table border="1"> <tr> <td>Action by:</td> <td>Committee, RPs and members</td> </tr> <tr> <td>Timescale:</td> <td>Ongoing Monitoring process</td> </tr> <tr> <td>Date completed:</td> <td>Ongoing Process</td> </tr> </table> | Action by: | Committee, RPs and members | Timescale: | Ongoing Monitoring process | Date completed: | Ongoing Process |
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| Date completed: | Continue monitoring | | | | | | | | | | | | | | | | |
| 7. | Any accident or emergency. | Casualty | The first aider must not put themselves at | LOW | Follow the guidelines. | | | | | | | | | | | | |

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| Requiring first aid treatment. Risk of Covid-19 infection. | First Aider | risk. Wear gloves and mask, prior to dealing with any casualties. Continue to phone the required rescue service, provide address & postcode of your location | | | |
| | | | | Action by: | First Aiders |
| | | | | Timescale: | Ongoing Checks |
| | | | | Date completed: | Continue to monitor situation |
| | | | | Action by: | Committee/members |
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| 8. | Visitors | Visitors and members | Visitors are not permitted at the moment, with the exception of prearranged visits by the landlord and staff. | LOW | All visitors should sign in the black book as part fo track and trace. <table border="1"> <tr> <td>Action By:</td> <td>Committee</td> </tr> <tr> <td>Timescale:</td> <td>Until further notice</td> </tr> <tr> <td>Date Complete:</td> <td>Ongoing process</td> </tr> <tr> <td>Action By:</td> <td></td> </tr> <tr> <td>Timescale:</td> <td>Until further notice</td> </tr> <tr> <td>Date Complete:</td> <td>Ongoing process</td> </tr> </table> | Action By: | Committee | Timescale: | Until further notice | Date Complete: | Ongoing process | Action By: | | Timescale: | Until further notice | Date Complete: | Ongoing process |
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| Assessor: (Print Name) | | Signature: | | Date : | | Approved by | | Date: | | Review Date: | As per changes | | | | | | |

The above risk assessment has been deemed acceptable, all personnel must follow the Covid-19 Scottish Government Guidelines and control measures put in place to avoid any outbreak both at home and at the club, everyone has a duty to take care of their own health & safety & that of others who may be effected by their acts or emissions